



# CKD PHARMA COMMUNITY NEWSLETTER

JAN 2026  
ISSUE NO 2

## WELCOME

Wishing all our readers a Happy New Year.  
May this year bring health and happiness  
to all !

## QUOTE OF THE MONTH

"Of all the forms of  
inequality, injustice in  
health is the most  
shocking and  
inhumane." — **Martin  
Luther King, JR.**

## CONTENTS

PAKISTAN PHARMA UPDATES

---

FLU SEASON

---

JOB OPPORTUNITIES  
IN PORTUGAL

---

NEW PRODUCT LAUNCH

**CEFTRIAXON**  
(INJECTION)

---

## CONTACT US

[info@ckdpharma.com](mailto:info@ckdpharma.com)

+92 332 3755835

# PAKISTAN PHARMA UPDATES



- **New Product Launches:**

BF Biosciences launched Zeptide (Tirzepatide) for diabetes.

- **Border Trade Issues:**

Afghan trade halts affected medicine exports through Torkham and Chaman.

- **Export Surge:**

The sector saw a 34% export growth in FY25, the highest in two decades, with local firms gaining international certifications.

- **Price Hikes & Affordability:**

Deregulation led to significant price increases, especially for essential medicines, prompting regulatory scrutiny.



# FLU SEASON

Several quadrivalent (protects against four strains) flu vaccine brands from multinational manufacturers are available in Pakistan. Prices generally range from PKR 650 to PKR 2,800, depending on the brand and the service provider (hospital service charges may apply).

Common brands include:

- Vaxigrip Tetra (Sanofi)
  - Influvac (Abbott Laboratories)
  - Fluarix (GlaxoSmithKline)
  - Sinovac (Sinovac Biotech)
- 
- Please ensure that you take your Vitamin C, Vitamin D and Zinc supplements regularly to boost immunity in winters

# JOB OPPORTUNITIES IN PORTUGAL FOR PAKISTANI DOCTORS

To work as a doctor in Portugal, foreign medical graduates must follow a specific process to obtain a visa. Here are the key steps involved:

## **Check Eligibility:**

Ensure you have a valid medical degree from a recognized university, meet Portuguese standards, and demonstrate proficiency in Portuguese.

## **Recognize Your Qualifications:**

Contact the Portuguese Medical Association to verify your medical degree and ensure it is recognized.

## **Find a Job Offer:**

Use platforms like Sapo Emprego, Expresso Emprego, or LinkedIn to find healthcare jobs in Portugal.

## **Prepare for the Visa Application:**

Collect necessary documents such as your passport, job offer, contract, proof of accommodation, and proof of financial support.

## **Fill Out the Visa Application:**

Submit your application to the Portuguese embassy or consulate, including biometric fingerprints and photos.

## **Attend an Interview:**

Be prepared to discuss your qualifications, work plans, and goals in Portugal.

**Apply early. Processing times can vary, so it's advisable to apply for a visa early.**

## **Obtain Medical Malpractice Insurance:**

Portugal requires adequate medical malpractice insurance, which can be obtained through private companies like Medis, Multicare, and AdvanceCare.

## **Register with the Portuguese Medical Association:**

Once your medical degree is recognized, register with the Portuguese Medical Association to legally work as a physician in Portugal.

## **Consider the Type of Visa:**

Depending on your purpose and duration of stay, you may need a temporary stay visa or a residency visa.

These steps provide a comprehensive overview of the visa process for foreign doctors seeking to work in Portugal. It is essential to stay informed about the latest regulations and requirements to ensure a smooth transition to practicing medicine in the country.

Rx

# Ceftriaxon (Ceftriaxone) Injection

BROAD SPECTRUM EXCELLENCE FOR RAPID RECOVERY



## The Best Cure For Infections!

Ceftriaxon works by inhibiting the mucopeptide synthesis in the bacterial cell wall. The betalactam moiety of Ceftriaxone binds to carboxypeptidases, endopeptidases, and transpeptidases in the bacterial cytoplasmic membrane.



Manufactured for  
**CKD Pharmaceuticals**  
PAKISTAN (PVT.) LIMITED  
50/28, Korangi Ind. Area, Karachi



# Ceftriaxon

## (Ceftriaxone) Injection

GENERIC NAME	PACKAGING	THERAPEUTIC CLASS
Ceftriaxone	1 vial with 1g Ceftriaxone (active ingredient)	Antibiotic (Cephalosporin class)
	1 ampoule (10 mL) of sterile water for injection	

### DESCRIPTION

Ceftriaxon is a third-generation cephalosporin antibiotic effective against a wide range of bacteria.

### COMMON USES

For management of moderate to severe bacterial infections.

### INDICATIONS

- Respiratory & Urinary Tract Infections
- Skin & Soft Tissue Infections
- Gonorrhoea
- Bone & Joint Infections
- Septicemia / Post-operative Infections

### KEY FEATURES

- Broad-spectrum coverage
- Once-daily dose convenience
- Excellent tissue penetration
- Clinically proven efficacy



Manufactured for  
**CKD Pharmaceuticals**  
 PAKISTAN (PVT.) LIMITED  
 50/28, Korangi Ind. Area, Karachi